

# PRAY

C H A L L E N G E





# PRAY



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**GOD IS LOOKING FOR  
RUSH LEADERS TO P.R.A.Y.**

**P**

A Prayer Leader **PRAISES** God

**R**

A Prayer Leader **REPENTS** of any sin the Holy Spirit brings to mind

**A**

A Prayer Leader **ASKS** God to help others who need Him

**Y**

A Prayer Leader asks God to help **YOU**

**PRAISE**

**REPENT**

**ASK**

**YOU**

\_\_\_\_\_ Our Father in heaven, hallowed be  
your name.

\_\_\_\_\_ Your kingdom come, your will be  
done, on earth as it is in heaven.

\_\_\_\_\_ Give us this day our daily bread

\_\_\_\_\_ And forgive us our debts, as we also  
have forgiven our debtors.

\_\_\_\_\_ And lead us not into temptation, but  
deliver us from evil.

\_\_\_\_\_ For yours is the kingdom, the power,  
and the glory forever. Amen

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# PRAISE

## **Psalm 145 A psalm of praise. A psalm of David.**

1 I will honor you, my God the King.

I will praise your name for ever and ever.

2 Every day I will praise you.

I will praise your name for ever and ever.

3 LORD, you are great. You are really worthy of praise.

No one can completely understand how great you are.

4 Parents praise your works to their children.

They tell about your mighty acts.

5 They speak about your glorious majesty.

I will spend time thinking about your wonderful deeds.

6 They speak about the powerful and wonderful things you do.

I will talk about the great things you have done.

7 They celebrate your great goodness.

They sing for joy about your holy acts.

8 The LORD is gracious, kind and tender.

He is slow to get angry and full of love.

9 The LORD is good to all.

He shows deep concern for everything he has made.

10 LORD, all your works praise you.

Your faithful people praise you.

11 They tell about your glorious kingdom.

They speak about your power.

12 Then all people will know about the mighty things you have done.

They will know about the glorious majesty of your kingdom.

13 Your kingdom is a kingdom that will last forever.

Your rule will continue for all time to come.

The LORD will keep all his promises.

He is faithful in everything he does.

14 The LORD takes good care of all those who fall.

He lifts up all those who feel helpless.

15 Every living thing looks to you for food.

You give it to them exactly when they need it.

16 You open your hand

and satisfy the needs of every living creature.

17 The LORD is right in everything he does.

He is faithful in everything he does.

- 18 The LORD is ready to help all those who call out to him.  
He helps those who really mean it when they call out to him.
- 19 He satisfies the needs of those who have respect for him.  
He hears their cry and saves them.
- 20 The LORD watches over all those who love him.  
But he will destroy all sinful people.
- 21 I will praise the LORD with my mouth.  
Let every creature praise his holy name  
for ever and ever.

## VERSES I FOUND ABOUT PRAISE

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# REPENT

## **Ephesians 4:32**

Be kind and tender to one another. Forgive one another, just as God forgave you because of what Christ has done.

## **1 John 1:9**

But God is faithful and fair. If we confess our sins, he will forgive our sins. He will forgive every wrong thing we have done. He will make us pure.

## **Isaiah 43:25**

I am the one who wipes out your sins. I do it because of who I am. I will not remember your sins anymore.

## **John 3:16**

God so loved the world that he gave his one and only Son. Anyone who believes in him will not die but will have eternal life.

## VERSES I FOUND ABOUT REPENT

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# ASK

## **Ephesians 6:18**

At all times, pray by the power of the Spirit. Pray all kinds of prayers. Be watchful, so that you can pray. Always keep on praying for all the Lord's people.

## **Colossians 1:9**

That's why we have not stopped praying for you. We have been praying for you since the day we heard about you. We keep asking God to fill you with the knowledge of what he wants. We pray he will give you the wisdom and understanding that the Spirit gives.

## **Ephesians 3:16-21**

I pray that he will use his glorious riches to make you strong. May his Holy Spirit give you his power deep down inside you. Then Christ will live in your hearts because you believe in him. And I pray that your love will have deep roots. I pray that it will have a strong foundation. May you have power together with all the Lord's holy people to understand Christ's love. May you know how wide and long and high and deep it is. And may you know his love, even though it can't be known completely. Then you will be filled with everything God has for you.

## **James 5:16**

So confess your sins to one another. Pray for one another so that you might be healed. The prayer of a godly person is powerful. Things happen because of it.

## **Matthew 5:44**

But here is what I tell you. Love your enemies. Pray for those who hurt you.

## VERSES I FOUND ABOUT ASK

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# YOU

## **Philippians 4:6-7**

Don't worry about anything. No matter what happens, tell God about everything. Ask and pray, and give thanks to him. 7 Then God's peace will watch over your hearts and your minds. He will do this because you belong to Christ Jesus. God's peace can never be completely understood.

## **1Peter 5:7**

Turn all your worries over to him. He cares about you.

## **Psalms 18:6**

When I was in trouble, I called out to the LORD. I cried to my God for help. From his temple he heard my voice. My cry for help reached his ears.

## **Luke 1:37**

For nothing will be impossible with God.

## **James 5:13**

Is anyone among you in trouble? Then that person should pray. Is anyone among you happy? Then that person should sing songs of praise.

## **Ephesians 3:20**

God is able to do far more than we could ever ask for or imagine. He does everything by his power that is working in us.

## VERSES I FOUND ABOUT YOU

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