

4 WEEKS OF RUSH QUARANTINE CHALLENGES

Hey Student **RUSH** leaders!

How did the week 1 challenge go? The residents at Care Partners Assisted Living can't wait to read the cards you sent them. If you haven't had a chance to send your card out yet, it's not too late! This week, we have not just one but FOUR challenges for you. One challenge for the next four weeks. Each week, pick one of the challenges listed below to complete:

1) DRY ERASE MARKER

Listed below are 7 scripture verses for you to look up, one for every day of the week. Your challenge is to pick one of the verses, look it up in your bible, and then take the dry erase marker and write that verse on your bathroom mirror. Each day, pick a different verse to write on your mirror. Every time you go into your bathroom, challenge yourself to read the verse. What's pretty cool is that you won't be the only one reading them. Every time one of your family members sees the verse, they will read it too! How cool is that! Below are the verses you can look up and write. But you don't need to stick to just these verses. Feel free to look up verses on your own and write those out too.

*Psalm 118:24, Philippians 4:13, Psalm 32:7,
Mark 12:30, Matthew 11:28, Psalm 18:3,
1 Corinthians 16:13*

3) CHALK

Use the chalk inside this package to be an encouragement to your neighborhood and your community! You can write a favorite Bible verse, draw a picture, or write a note of encouragement on the sidewalk outside your house or at the end of your driveway for people to read or enjoy as they walk by.

2) RUSH POSTCARDS

Your **RUSH** leaders miss you very much, and even though we can't see you, we would still love to stay in contact! This challenge gives you a chance to be an encouraging light to your leaders! Inside, you will find post cards addressed to your small group leaders and a postcard that is blank. You can write to your leaders, encourage them, and share what you've been up to on your time off from school. The blank postcard is one that you can write to any one of your friends in **RUSH!** This is a great way to stay in contact with your friends and leaders!

4) POST-IT-NOTES

That's right! We're bringing back the post-it-note challenge! Here's another opportunity for you to serve your family members with encouraging post-it-notes! Leave them all over your house for your family. You can write down scripture verses, encouraging things you'd think Jesus would want to tell them, or even something you like about them!

Don't forget to keep going on your prayer journal challenge from last week! It's a great way to remember to look to God and trust Him! We all would love to see you doing your **RUSH** challenges, so when you are doing your challenge, take a selfie or have someone else take a picture of you, and send it to us at: nengen@jacobsowellchurch.church

We can't wait until we can meet again, but until then, remember, keep serving your family. It's the greatest way to serve and show inside-outside-upside down love!

We love you!

Your **RUSH** Leaders

