

Take time together as a family to read these scriptures and pray.

When I am afraid, I put my trust in you. Psalm 56:3

"Jesus, today I am feeling worried about [name fears]. Help me to let go of my worries and put my trust in You."

Don't worry—I am with you. Don't be afraid—I am your God. I will make you strong and help you. I will support you with my right hand that brings victory. Isaiah 41:10

"Jesus, when I'm worried, help me remember that you are with me. When I feel afraid, help me remember that you will make me strong and you will be there to help me."

God will lead you. He himself is with you. He will not fail you or leave you. Don't worry. Don't be afraid! Deuteronomy 31:8

"Thank you, Jesus that you are with always me. I don't need to worry or be afraid because you will never leave me."

Give all your worries to him, because he cares for you. 1 Peter 5:7 "Jesus, today I want to give you [name worry]. Thank you that you always listen to me because you care about me."

The mountains may disappear, and the hills may become dust, but my faithful love will never leave you... The Lord who loves you said this. Isaiah 54:10

Thank you, God for your GIGANTICAL love for me. Even though crazy things might happen, your love will NEVER EVER leave me.

The Lord your God is with you. He is like a powerful soldier... He will show how much he loves you and how happy he is with you. Zephaniah 3:17

"God, you are a powerful soldier who is always with me, no matter where I go or what happens. Help me remember how much you love me."